

ADRC/Aging Advisory Committee Meeting Minutes
September 4, 2024

The ADRC/Aging Advisory Committee met via ZOOM or in person in Conference rooms A/B of the Community Services Building, 221 W. Seminary St., Richland Center.

Members present: David Scribbins, Linda Symons, Larry Engel, Kevin Koester, Terry Berg
Members absent: Marty Brewer
HHS Staff present: Roxanne Klubertanz-Gerber and Linda Batten
Others present: Kristine Olson and Haley Salisbury

1. **Call Meeting to Order: ADRC/Aging Advisory Meeting** was called to order at 1:00 p.m. by David Scribbins.
2. **Approval of Posting and Agenda:** Linda Symons made a motion to approve the agenda; Larry Engel seconded. Motion carried.
3. **Approval of August 7, 2024 ADRC/Aging Advisory Committee Meeting Minutes:** Kevin Koester made a motion to approve the June 5, 2024 Commission on Aging and Disability meeting minutes with 2 revisions to be added to the minutes; Larry Engel seconded. Motion carried.
4. **Citizen Comments:**
 - None
5. **Board Education: Senior Life Solutions: Kristine Olson and Haley Salisbury:**
 - Kristine and Haley told the committee that they do group therapy 3 days a week. There are 2 people who conduct these. They said the program has been in existence for 7 years. It is a program out of Tennessee. There are only 2 entities in Wisconsin
 - They also told the committee that anyone can make a referral. Most of the people in the program are senior citizens. However, they will take younger people if they are having issues and have Medicare.
 - Kristine and Haley said that they are in constant communication with doctors.
 - They do medication management, individual treatment plans and nursing education. They will do family sessions if necessary.
 - They average 6 to 8 patients per day. Most people are initially apprehensive. However, once they are in a session they become comfortable because they learn that they are not alone and other people have the same issues or questions.
6. **Program Update: Title III-D Health Promotion**
 - Roxanne said that Title III-Dis is an evidence-based program. This means the programs have to meet a high standard of requirements and testing.
 - Roxanne let the committee know that we receive approximately \$2600.00. The ADRC stretches the funding by partnering with Symons and other counties.
 - Roxanne said there is no income guidelines and it is for people 60 and over. Due to Older Americans Act requirements there is a suggested contribution for the classes.
 - Roxanne informed the committee that the program is funded by tax levy, federal funding, contributions and in-kind contributions.
7. **Aging Plan: Review goals**
 - Roxanne reviewed the draft Three Year Aging Plan. She also gave each committee member a copy to review..
 - Larry Engel felt that there needed to be research portion also. Larry stated that without research how would you know what the need for Caregiver or home health care is? Roxanne discussed that one of the steps will be creating, distributing and reviewing surveys.
 - Larry Engel stated that the state holds a lot of data regarding caregivers and requests information regarding the number of services in the state.
 - Discussion was held regarding creating an Advocacy group with the Regional ADRC Director. Possibly called the Friends of the ADRC.

8. ADRC Update:

- Roxanne told the committee that Senior Expo is next Wednesday September 11th.
- Roxanne said that the next Bingocize class will be start 9/16.
- Roxanne reported that Boost Your Brain Memory & Memory will start 10/3 and that Powerful Tools for Caregivers will also be starting.
- Roxanne informed the board that Transportation is working on setting up the fall trips to Oakwood and Gays Mills.

9. ADRC Budget Review

- Roxanne reviewed the budget up with the committee and gave committee members a copy of the budget report.
- Roxanne reported that all programs were under budget except Transportation. She also said as we get closer to the end of the year, she will show in the summary whether there will be a surplus or deficit.

10. Reports from Aging and Disability Organizations:

- None

11. Schedule next Aging/ADRC Advisory Committee Meeting: September 25, 2024 after the Public Hearing at 1:00 pm in person and Zoom.

12. Adjourn: Larry Engel made a motion to adjourn; Linda Symons seconded. Meeting Adjourned.

Respectfully submitted,

Linda Batten
ADRC of Eagle Country - Richland Center Office