Commission on Aging Disability Board Meeting Minutes March 8, 2023

The Commission on Aging and Disability met via ZOOM or in person

Members present: David Scribbins, Danielle Rudersdorf, Larry Engel, Carolyn Denman, Angela Metz, Virginia Wiedenfeld, Sandra Kramer and Linda Symons

Members absent: Julie Fleming and Jodi Hines

HHS Staff present: Roxanne Klubertanz-Gerber, Joanne Welsh, Tanya Webster and Linda Batten **Others present:**

1. Call Meeting to Order: Meeting was called to order at 1:00 p.m. by David Scribbins

2. Posting and Agenda: Linda Batten verified the agenda was posted properly. Linda Symons made a motion to approve the agenda; Carolyn Denman seconded. Motion carried.

3. Approval of February 8, 2022 Commission on Aging and Disability Meeting Minutes:

• Sandra Kramer made a motion to approve the February 8, 2023 Commission on Aging and Disability meeting minutes; Linda Symons seconded. Motion carried.

4. Board Education: Nutrition Program

- Tanya Webster gave everyone handouts about Nutrition month being Eat Well/Age Well and Love Food/Hate Waste. She also gave examples on how long it takes certain vegetables to disintegrate in a landfill.
- Tanya told the board that she will be speaking at Rockbridge meal site next Wednesday, Richland Center meal site on Tuesday and Germantown meal site the following Wednesday about Nutrition Month.
- Tanya said RFP (Request for Proposals) have been sent to different entities for doing the meals for the program. Meetings for caterers have also been set up.
- Tanya reported that First Baptist Church is now helping to deliver meals.

5. Program Update: EBS update

- Joanne Welsh is a SHIP (State Health Insurance Assistance) counselor. As a counselor, she provides people with one-on-one confidential advice on Medicare based on their needs.
- Joanne said her cases have become more complex and her time working on each call has increased.
- Joanne noted the amount of complaints about Medicare Advantage Plans has increased.
- Joanne reported she saw 312 people last year, 131 were new clients. She then went on to show the age range of people who see her.
- Joanne reported the EBS program had 1.5 million dollars in monetary impact for last year. This is money clients saved and could use to spend in the community.
- Joanne reported that 9.3% of people over 65 live below poverty level.
- Joanne then gave the board examples of cases she has worked on and outcomes.
- Joanne reminded the board to keep Summary Notices they receive from Medicare, as this will be the first thing she reviews if there is a problem.

6. ADRC update:

- Roxanne reported that the Dementia Care Specialist and Information and Assistance have trained the Sheriff Department and Police on Dementia Live. Next, they are hoping to train EMS and banks.
- Roxanne said that Pam Kul-Berg is having Powerful Tools for Caregivers session in mid-April through May.
- Roxanne told the board there will be a Volunteer Appreciation lunch at The Phoenix Center on April 25. This will be a combined Transportation and Nutrition luncheon and training.
- Roxanne also reported that on 4/18 there would be a 5-year Transportation Forum with the public at the Phoenix Center. This public forum is used to gain input into the transportation needs within the community. The results are used for writing the plan, which is utilized for the creation of the 53.10 grant.

7. Advocacy: updates

- Roxanne reported to the board she has had several conversations with legislators. She discussed funding needs at the county level for aging programs and ADRC's
- Roxanne said she invited Senator Marklein to volunteer at the Richland Center meal site. He will be volunteering on March 20.

8. ADRC Budget Review:

- Roxanne told the board that all programs (ADRC, Transportation, Nutrition and Aging) are all below budget.
- Roxanne said the unit as a whole is at 12.87% utilization.

9. Reports from Aging and Disability Organizations:

- Angela Metz reported that the hospital is starting a smoking cessation class weekly through May.
- Angela said that the hospital is in the early stage of discussion about a new hospital.

10. Citizen Comments:

- Sandra Kramer said that the American Legion is having a soup supper Pie Auction on 3/25 starting at 4:30. A free will offering is suggested.
- Sandra further reported that the major renovations are done to the Legion. The women's bathroom now has heat. The next step is to have a professional painter come in and paint the walls before installing new flooring.
- Sandra said that four percussionist were at the Auxiliary meeting on Monday and played the Star Spangled Banner with their new instruments.
- Sandra informed the board that the donkeys will be going to Sauk County Healthcare on May 25. This will be the start of donkey visits for the year.
- Virginia Wiedenfeld reported that the Ithaca Lions is holding a Pancake Breakfast on March 26 from 7:00 to 1:00. The funds will go to the Carly family. Friends will be putting on a Silent Auction that day also to benefit the family.

11. Schedule Next Meeting:

• Next meeting is scheduled for April 12, 2023 at 1:00 p.m. via ZOOM or in person.

12. Adjourn:

• Motion to adjourn until April 12, 2023 at 1:00 p.m. was made by Sandra Kramer; Carolyn Denman seconded. Motion carried.

Respectfully submitted,

Linda Batten ADRC of Eagle Country - Richland Center Office