

**Commission on Aging Disability Board Meeting Minutes
September 13, 2023**

The Commission on Aging and Disability met via ZOOM or in person in Conference rooms A/B of the Community Services Building, 221 W. Seminary St., Richland Center.

Members present: David Scribbins, Larry Engel, Carolyn Denman, Angela Metz, Julie Fleming, Virginia Wiedenfeld, Linda Symons and Sandra Kramer

Members absent:

HHS Staff present: Roxanne Klubertanz-Gerber, Linda Batten

Others present:

1. Call Meeting to Order: David Scribbins called COAD Meeting to order at 1:01 p.m.

2. Approval of Posting and Agenda: Sandra Kramer made a motion to approve the agenda; Julie Fleming seconded. Motion carried.

3. Approval of August 9, 2023 Commission on Aging and Disability Meeting Minutes: Carolyn Denman made a motion to approve the August 9, 2023 Commission on Aging and Disability meeting minutes; Linda Symons seconded. Motion carried.

4. Citizen Comments:

- Sandra Kramer reported that at the last Auxiliary meeting, the Badger Girls came in. They created their own government.
- Sandra also said that the donkeys are going to the Sauk Healthcare facility on 9/19.
- Sandra told the board that on 10/28 from 1:00 to 4:00 the American Legion will be holding Trunk or Treat. EMS, the Ghostbuster car, donkeys, 40&8 locomotive and Lucy the dog will be there. Inside they will have a fog machine.
- Linda Symons said that Ocooch Mountain is having a Rummage sale on 9/30. Donations will be accepted until 9/29. They ask that you price things ahead of time.
- Linda also said that Ocooch would hold Paws for the Holidays on 11/11.

5. Board Education: Robert's Rules

- Roxanne handed out, Robert's Rules of Order – Cheat Sheet.
- Roxanne gave a brief overview of the rules. She told everyone that this Cheat Sheet could be used for any meeting.

6. Program Update: Health Promotion

- Roxanne reported that the ADRC and Symons would be offering Bingocize. (This is a combination of exercise and Bingo.) This is an evidence based exercise program.
- Roxanne said that Tracy Gobin, one of her people and an ADRC person would go through the training for this. She hopes this training will be done by the end of the month. So that the first session can be held soon after that. This is a 10-week program held twice a week for an hour for each session.
- Roxanne said that for the first two years it is free. After that, the cost is \$400.00 per year.
- Roxanne showed a brief video about Bingocize.

7. ADRC Update:

- Roxanne reported that Karn Schauf's last day was Friday, September 8th. She had been with the county for 33 years, 13 of those were in the ADRC. There will be an article next month in the newsletter about Karn.
- Roxanne had the Southwest Transit Team has been working on the 5-year coordinated transportation plan. It will go to the appropriate boards over the next few days and will be submitted to DOT for approval in the next few weeks. She is also working on the 85.21 grant, there will be a public hearing next month for this.
- Roxanne reported Dementia Live was held at Schmitt.
- Roxanne told the board that Joanne Welsh's last day will be January 5, after 39 years with the county.

8. ADRC Budget Review:

- Roxanne gave an overview of the complete budget. All programs except Nutrition are below the 66.6% targeted Utilization rate. Nutrition is at 70.1%.

9. Reports from Aging and Disability Organizations:

- Lynda Symons asked about Outreach. She said what is missing is Outreach for advocacy for people with disabilities.
- Angela Metz said she is seeing more masking at the hospital. Additionally, she is hearing a lot of talk about the new hospital.
- Angela also said that there has nothing officially been said on the Flu, new COVID or RSV vaccines.
- Virginia Wiedenfeld reported that the home delivered meals have been excellent.

10. Schedule Next COAD Meeting: October 11, 2023 at 1:00pm

11. Adjourn:

- Motion to adjourn until October 11, 2023 at 1:00 was made by Virginia Wiedenfeld, Sandra Kramer seconded. Motion carried.

Respectfully submitted,

Linda Batten
ADRC of Eagle Country - Richland Center Office