MINUTES CENTER FOCUS April 6, 2016

Mission Statement: Promoting the health, development and well-being of children and families by connecting people, ideas and resources.

The April meeting of Center Focus was called to order at 11:35 a.m. April 6, 2016 by Barb Fullmer in the Main Conference Room of the Community Services Building, 221 West Seminary Street, Richland Center, Wisconsin.

<u>Present:</u> Lucas Clements, Kay Cunningham, Margaret Draxler, Barb Fullmer, Angela Metz, Linda Gentes, Betsy Roesler, Chelsea Wunnicke, Amy Richardson, Vicki Meyer, Breann Dray and Emily Shelton.

<u>Approve Minutes from December 2, 2015 Meeting:</u> Motion by Amy Richardson, second by Linda Gentes to approve the minutes of the August meeting.

<u>Approve Agenda and Posting:</u> Motion by Chelsea Wunnicke, seconded by Breann Dray to approve the agenda and proper posting. Motion carried.

<u>Brief Summary from Last Meeting:</u> The minutes from the December meeting were sent out after the meeting as a reminder of upcoming events. We will continue this practice.

Program Updates:

Breann Dray, Birth to Three Educator and Chelsea Wunnicke, UW Extension Family Living Agent: "Raising A Thinking Child" program for parents of 4-7 year olds that was held at the Lincoln School was a success overall. There were eight families that attended this eight week series. A good partnership was established with the school. Kiwanis may provide some additional funding including scholarships for families. Plans for future sessions have not yet been confirmed. There is discussion around also offering this program in the Ithaca School District.

Chelsea Wunnicke, UW Extension Family Living Agent: Brochures for programs available were handed out. She is working with Public Health on the Community Health Needs Assessments that were mailed out recently. The plan is for data from the survey to be analyzed, needs identified, and then plans made to meet those needs, to be implemented next year.

Breann Dray, Birth to Three Educator: Raising a Thinking Child completed. Toddler Tech will be held April 9 from 9:00-Noon at the Richland Hospital. The program is for Daycares, Preschools and the Community. This year's theme is "Circus". Many activities are planned for this informational program.

Emily Shelton, Birth to Three and CLTS: Working on the transition of Autism to Medicaid and Family Support to COP.

Linda Gentes, County Board Supervisor: Present to gather information.

Betsy Roesler, Health Educator: Familiarizing herself with Richland Fit – what has been done in the past and what is working and what may not be working; Mindfulness Skills Training attended; Point of Purchase program to highlight healthy choices on restaurant menus and in grocery stores; Substance Abuse and Prevention – working to bring in programs that have been proven to be effective; Health Needs Assessment with Extension; Community Garden – on Thursday there will be a banner hoisting held at the garden a photo will be taken with those attending; Reaching out to volunteers involved in Richland Fit.

Lucas Clements, Chief of Police: Drug Endangered Children (DEC) informational meeting was held in March; "My First Book" program for 1st to 4th graders to aid in making good decisions. Discussions with the kids to let them know that when they see an officer they should not think that something bad is happening; Participated in the "Get Real Program"; Richland Middle School 7th grade reading project - an officer and student read the same book and then met to discuss it, reading is lifelong theme; Department will be at Toddler Tech, Exploration Days, Careers at St Mary's; Drug Take Back Program will be held April 30, 10:00 a.m. to 2:00 p.m. – prescription and non-prescription drugs can be dropped off at the Richland Center Police Department anonymously; St Mary's Walk for Virtues will be held on April 29th – it is a five or ten mile walk fundraiser; He feels fortunate to be in a community that supports building relationships with future generations.

Kay Cunningham, Public Health Nurse: Planning training for daycare providers to fulfill Maternal Child Health Objective of Obesity Prevention. There will be four trainings and attendees will receive credits. "Book Bites" – a book will be chosen and a nutritional snack relating to the book – 2 goals – Reading and Healthy Eating. Physical Activity and Breast Feeding.

Barb Fullmer, Coordinated Services Teaming: Grant for Trauma Informed Care programming jointly with Sauk and Columbia County. Trauma Informed Parenting Training – 8 week program, beginning in Sauk County this week. This program will be offered in Richland County at some time during the next year.

Vicki Meyer and Margaret Drexler, Passages: April is Sexual Assault Awareness month. They are working with area schools raising awareness. They will be at Toddler Tech.

Angela Metz, Social Worker at Richland Hospital, Children and Family Advocacy Council: 2016 Toddler Tech Day; "Senior Expo" April 20 at the Richland Center Community Center; Hospital and Clinic – Initiative on Advance Directives; College for Kids at UW-Richland July 11-15.

Decide on an Awareness Month(s) to support increased knowledge and awareness to the community:

April is: Sexual Assault Awareness Month

Alcohol Awareness Month

Child Abuse Prevention Month

October is: National Bullying Prevention Month

Betsy Roesler, Health Educator: Distributed pamphlets "Rethinking Drinking Alcohol and Your Health". Spoke on how much is too much, Environmental Assessments, doing projects together in the future.

Citizen Comments: None

Any Other Business: None

Next Meeting Date: August 3rd at 11:30 a.m.

<u>Adjourn:</u> Motion by Kay Cunningham, seconded by Breann Dray to adjourn the meeting. Motion carried. Meeting adjourned at 12:20 p.m.

Respectfully submitted, Kathy Dobbs Fiscal Specialist